

## Typical Concerns:

- \*parent needs help living alone
- \*parent needs to move into long-term care
- \*primary caregiver is overwhelmed
- \*other members of the family live far away, non involved
- \*decisions about medical treatments need to be made
- \*estate matters need to be settled

## How Does It Work?



Mediator is contacted:

- ◆ There is a brief consultation to determine the nature of issues involved and who will participate.
- ◆ Following the consultation the mediator contacts each participant.
- ◆ Date/location is set. (Skyping may be possible to accommodate participants who live long distances.)
- ◆ The number of meetings is determined by the complexity of the issues.

**Are you experiencing health changes that require an adjustment to your lifestyle and need assistance from your family?**

**Do you have a parent who needs additional care but find your family members are in disagreement about what steps to take?**

**Elder Mediation can help.**

**Elder Mediation** is a unique form of mediation geared to helping older people and their families make late in life decisions. Qualified practitioners are trained to assist with communication during a process that many find stressful and difficult.

Families frequently benefit from additional knowledge and guidance in order to help them work out plans that are best suited to their needs and values.

## Feedback Comment:

“I never knew that this kind of support existed. It is such a relief to have somebody else sit with us and help us work through the challenges. We (family members) were getting angry at each other too and needed to solve those issues as well. We all felt so much better and came out with a plan we all had a part in.”

## Presentations:

Ms Moore and Ms Wood will go to your workplace to provide more details and how it can help your clients, patients, or residents make late in life decisions with their families.

## Elder Mediators:

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## Interesting Facts:

### Statistics Canada:

28% of Canadians 15 years of age and older provide care to an older relative or friend.

Canadians 65 years of age and older now outnumber children from 0 to 14 years of age.

In 2013, the Canadian population had 1.4million people aged 80 and over, five times as many as in 1963, and will increase to between 4-4.9 million in 2063.

It is predicted that the number of those over the age of 100 will rise from 6,900 in 2013 to 62,200 in 2063.



# IS ELDER MEDIATION RIGHT FOR YOUR FAMILY?

## Skills Of An Elder Mediator

Typical Mediation Skills to include strengths in the areas of:

Communication, facilitation/process management, impartiality, sensitivity, confidentiality, conflict management skills and the ability to create a written summary agreement.

In addition:

for an **ELDER MEDIATOR** expect knowledge and skills in the areas of:

Dynamics of Normal Aging and Family Relationships AND Dementia and Alzheimer Disease & other Aging Health Issues

Elder Abuse, Grief and Loss

ELDER MEDIATION

